TEAM:_____

□ AAA □ MAJOR □ INTER.

□ JUNIOR □ SENIOR

Oceanside American Little League

BASEBALL PITCHING AFFIDAVIT and PITCHER ELIGIBILITY TRACKING FORM

Date of Game	Pitches Thrown	Pitcher's Name	Uni #	League Age	Team Manager's Signature	Opposing Manager's Signature	Scorekeeper/Umpire Signature	Eligible to Pitch Again On (Date)

League Age	MAX pitches per day		# of Pitches Thrown	# Days Rest Required
6 - 8	50		1 - 20	0
9 - 10	75		21 - 35	1
11 - 12	85		36 - 50	2
13 - 15	95		51 - 65	3
			66+	4

League Age	MAX pitches per day		# of Pitches Thrown	# Days Rest Required
15	95		1 - 30	0
			31 - 45	1
			46 - 60	2
			61 - 75	3
			76+	4